Svalbard EXPERTS

SVALBARD PACKING CHECKLIST FOR ALL SEASONS

Packing for a Svalbard adventure means preparing for some of the Arctic's most unpredictable and beautiful conditions. From frozen polar nights in winter to cool, wind-swept days in summer, the key is smart layering, warmth, and protection from wind and moisture. Use this all-seasons packing list by Svalbard Experts to ensure you're ready — whether snowmobiling in January or hiking under the midnight sun in July.

CLOTHING LAYERS

Base Layer

- [ ] 2–3 thermal tops (merino wool or synthetic)
- [ ] 2–3 thermal bottoms (long underwear)
- [ ] Lightweight sleeping base layer (optional for indoors)

Mid Layer

- [ ] Fleece jacket or pullover
- [ ] Lightweight down or synthetic insulated jacket
- [ ] Wool or thermal sweater

Base Layer

- [ ] 2–3 thermal tops (merino wool or synthetic)
- [ ] 2–3 thermal bottoms (long underwear)
- [ ] Lightweight sleeping base layer (optional for indoors)

Outer Shell

- [ ] Waterproof, windproof jacket (with hood and sealed seams)
- [ ] Waterproof pants or insulated overpants
- [ ] One-piece thermal suit (for snowmobile or extended winter outings)

COLD-WEATHER ACCESSORIES

Head & Neck

- [ ] Insulated beanie or wool hat
- [ ] Balaclava or full-face mask
- [ ] Neck gaiter or wool scarf

Hands

- [ ] Thin liner gloves (touchscreen compatible)

- [ ] Insulated mittens (waterproof or wind-proof)
- [ ] Spare pair of gloves

Feet

- [ ] Insulated winter boots (–30 to –40 °C rated)
- [ ] Removable boot liners (if separate)
- [ ] 3–4 pairs thermal socks (wool or synthetic)
- [ ] Sock liners (optional for extra warmth)
- [ ] Gaiters (to keep out snow)

SPECIALTY GEAR & SAFETY

Mobility & Traction

- [ ] Ice cleats or microspikes
- [ ] Hiking or trekking poles (adjustable)

Warmth Enhancers

- [ ] Hand warmers (chemical or rechargeable)
- [ ] Foot warmers
- [ ] Insulated thermos bottle

Polar Bear Safety (on guided tours or remote trips)

- [ ] Flare gun with flares (provided or rented by tour guides)
- [ ] Signal mirror or whistle
- [ ] Satellite phone or emergency GPS

- [ ] Flashlight or headlamp (winter)
- [ ] Spare batteries (keep warm in inner pocket)

EYE & SUN PROTECTION

- [ ] Sunglasses (polarized for snow/ice glare)
- [ ] Ski goggles (for wind/snow or snowmobile rides)
- [ ] High SPF sunscreen
- [ ] Lip balm with SPF

ELECTRONICS & PHOTOGRAPHY

- [ ] Camera (DSLR, mirrorless, or compact)
- [ ] Extra memory cards
- [ ] 2–3 spare batteries (keep close to body)
- [ ] Waterproof/dustproof camera case
- [ ] Universal travel adapter
- [ ] Power bank (cold-rated, high-capacity)
- [ ] Charging cables (USB-C, micro-USB, etc.)

BAGS & TRAVEL EXTRAS

- [ ] Waterproof daypack (20–30L)
- [ ] Dry bags or compression sacks
- [ ] Luggage tags and locks
- [ ] Packable tote (for groceries or gear)

INDOOR & COMFORT WEAR

- [ ] Indoor shoes or slippers (shoes off indoors)
- [ ] Comfortable loungewear
- [ ] Pajamas or thermal sleepwear
- [ ] Swimsuit (some lodges have saunas)

HEALTH & ESSENTIALS

- [ ] Medications (with extras and prescriptions)
- [ ] First-aid kit (basic: band-aids, antiseptic, ibuprofen)
- [ ] Toiletries (travel-sized, Svalbard shops are limited)
- [ ] Moisturizer and lip balm (air is dry)
- [ ] Hand sanitizer and tissues

DOCUMENTS & TRAVEL

- [ ] Passport
- [ ] Printed flight tickets / confirmations
- [ ] Travel insurance (required for many tours)
- [ ] Emergency contact list
- [ ] Local currency or credit card (most use

- [ ] **I am completely ready for the journey!**

QUICK PACKING TIPS

LAYER SMART:

Build up from a moisture-wicking base layer to insulated mid and windproof outer layers.

RENT BULKY GEAR:

Many tours offer warm suits and boots—ask in advance to save luggage space.

BE ARCTIC-READY:

Polar bear safety, sudden weather shifts, and freezing gear are real risks — this list helps keep you ready.

BALANCE ADVENTURE & COMFORT:

Pack for heated indoor spaces as well—warm socks, loungewear, and indoor shoes matter too.

For more Svalbard travel planning, expert guides, and Arctic tour options, visit ***svalbardexperts.com***

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